

NUCD 2026 Scientific Programme

DAY 1 10 January 2026 [Virtual]		
10:00 - 10:30	Opening Remarks and Inauguration	
10:30 - 11:00	Padmashree Binod Kanungo Memorial Lecture: “Insulin pumps & automated insulin delivery”	Dr Jothydev Kesavadev
Session 1: Modern Therapeutic Approaches (organised by USV Pharmaceuticals)		
11:00 - 11:05	Context Setting by Chairpersons	Dr Alok Kanungo Dr Ashok Kumar Das
11:05 - 11:20	Interlinking MASLD and diabetes: a call for integrated metabolic care	Dr SK Sharma
11:20 - 11:35	Fast-tracking heart failure care: from timely diagnosis to Guideline Directed Medical Therapy with SGLT2i and ARNI	Dr Abdul Hamid Zargar
11:35 - 11:50	From durability to synergy: Vildagliptin and Its combinations in beta-cell optimisation and glycaemic longevity	Dr Rishi Shukla
11:50 - 12:05	The GoodFit Duo: Linagliptin + Empagliflozin for smarter and safer T2D care	Dr Debamalya Sanyal
12:05 - 12:30	Panel Discussion (Q&A)	Mod: Dr Ashok Kumar Das Dr SK Sharma Dr Rishi Shukla Dr Debamalya Sanyal Dr Abdul Hamid Zargar
Session 2: Technological Advancements in Diabetes Management		
12:30 - 12:35	Context Setting by Chairpersons	Dr Manoj Chawla Dr Sisir Kumar Mahapatro
12:35 - 12:50	Balancing the use of AI in diabetes treatment	Dr Amit Kumar Dey
12:50 - 13:05	Getting the most out of CGMS data	Dr Banshi Saboo
13:05 - 13:20	Modern technologies in diabetic foot management	Dr Vijay Viswanathan
13:20 - 14:00	Panel Discussion (Q&A)	Mod: Dr Ashok Kumar Das Dr Banshi Saboo Dr Amit Kumar Dey Dr Vijay Viswanathan Dr Manoj Chawla
Session 3: Complications in Diabetes – I		
14:00 - 14:05	Context Setting by Chairpersons	Dr Srikant Dhar Dr Ashok Kumar Das
14:05 - 14:20	Impact of Cardiovascular Kidney Metabolic Syndrome (CKM) on Diabetic Morbidity	Dr M Shunmugavelu

14:20 - 14:35	Prevention & Therapeutics in NASH/MASLD	Dr Rakesh Sahay
14:35 - 14:50	Interview: Erectile Dysfunction in Young Diabetics	Dr Deepak Jumani Dr Ashok Kumar Das
14:50 - 15:05	GDM – a scholarly update	Dr Sunil Gupta
15:05 - 15:30	Panel Discussion (Q&A)	Mod: Dr Ashok Kumar Das Dr Sunil Gupta Dr Deepak Jumani Dr M Shunmugavelu Dr Rakesh Sahay
15:30 - 16:00	Break	
Session 4: Obesity & Diabetes		
16:00 - 16:10	Context Setting by Chairpersons	Dr Ashok Kumar Das
16:10 - 16:30	Challenges in treatment of obesity in diabetes	Dr Neeta Deshpande
16:30 - 16:50	Interview: Present and future of anti-obesity medication & interventions	Dr Nitin Kapoor Dr Ashok Kumar Das
16:50 - 17:30	Panel Discussion (Q&A)	Mod: Dr JB Kanwar Dr Rajiv Kovil Dr Nitin Kapoor Dr Ashok Kumar Das Dr Neeta Deshpande
Session 5: Nutrition Management in Diabetes		
17:30 - 17:35	Context Setting by Chairpersons	Dr Bharat Panigrahi
17:35 - 17:50	Nutritional management in liver & GI disorders	Dr Pratap Behera
17:50 - 18:05	Dietary challenges in planning renal diets	Dr Shrirang Bichu
18:05 - 18:20	Interview: Current relevance of weight-loss diets such as keto and VLCDs	Dr Brij Makkar Dr Ashok Kumar Das
18:20 - 19:00	Panel Discussion (Q&A)	Mod: Dr Alok Kanungo Dr Brij Makkar Dr Rakesh Sahay Dr Pratap Behera Dr Shrirang Bichu Dr Ashok Kumar Das
Special Talk on T2DM & CKD (organised by Boehringer Ingelheim)		
19:00 - 19:30	2026 vision of managing T2DM with CKD: optimising the prevention continuum	Dr Kalyan Ganguly

DAY 2 11 January 2026 [KIDS Hospital, Bhubaneswar]		
07:30 - 08:45	Breakfast & Networking	
08:45 - 09:00	Recap of Day 1 Proceedings	
Session 6: Future of Oral Anti-Diabetic Drugs (organised by USV Pharmaceuticals)		
09:00 - 09:05	Context Setting by Chairpersons	Dr Ashok Kumar Das Dr Alok Kanungo
09:05 - 09:20	The missing link in diabetes care: addressing distress through glycaemic focus	Dr Sambit Das
09:20 - 09:35	Escalating wisely: The add-on approach with SGLT2i + DPP4i FDC to overcome therapeutic gaps	Dr Abhay Sahoo
09:35 - 09:50	Modern SU remix: decoding the right fit in real-world Indian diabetes practice	Dr P Ravi Kumar
09:50 - 10:05	Advancing metabolic care with FDC of SGLT2i, DPP4i and metformin	Dr Sunil Kota
10:05 - 10:30	Panel Discussion (Q&A)	Mod: Dr Alok Kanungo Dr Sunil Kota Dr Sambit Das Dr P Ravi Kumar Dr Abhay Sahoo
Session 7: New-Age Weight Management (organised by Novo Nordisk India)		
10:30 - 10:40	Context Setting by Chairpersons	Dr Lalatendu Mohanty Dr Ashok Kumar Das
10:40 - 11:00	The gold standard: Semaglutide leads the way in weight loss and beyond	Dr Ipsita Mishra
11:00 - 11:20	Single agent, supreme results: Semaglutide winning the CKM story	Dr Sweekruti Jena
11:20 - 11:40	The power of one: Semaglutide as the ideal first choice for diabetes and diabetesity	Dr Abhay Sahoo
11:40 - 12:00	Crossroads of care – The intersection of Obesity & Liver disease	Dr Jayashree Swain
Session 8: Basal Insulins – Strong Foundations (organised by Sanofi India)		
12:00 - 12:10	Context Setting by Chairpersons	Dr BD Sahoo Dr Alok Kanungo
12:10 - 12:30	iGlarLixi: A SOLID Approach to Break Treatment Complexity	Dr Niraj Mishra
12:30 - 12:50	The Evidence Continuum for Second-Generation Basal Insulin	Dr Ramesh Goenka
12:50 - 13:30	Panel Discussion (Q&A)	Mod: Dr Srikant Dhar Dr BD Sahoo Dr Niraj Mishra Dr Alok Kanungo Dr Ramesh Goenka

13:30 - 14:30	Lunch & Networking	
Session 9: Complications in Diabetes – II		
14:30 - 14:35	Context Setting by Chairpersons	Dr Ashok Kumar Das
14:35 - 14:50	Modern approaches in diabetic retinopathy	Dr Sanghamitra Kanungo
14:50 - 15:05	Early detection & management of myocardial infraction	Dr Deepak Kumar Parhi
15:05 - 15:20	Interview: Affordable diabetic footcare	Dr SK Sen Dr Ashok Kumar Das
15:20 - 16:00	Panel Discussion (Q&A)	Mod: Dr Srikant Dhar Dr SK Sen Dr Ashok Kumar Das Dr Deepak Kumar Parhi
Session 10: Complications in Diabetes – III		
16:00 - 16:05	Context Setting by Chairpersons	Dr KC Behera Dr Makaranda Beura
16:05 - 16:20	Managing infection in complicated diabetics	Dr Manoranjan Behera
16:20 - 16:35	Prevention & management of sarcopenia	Dr Kishore Behera
16:35 - 16:50	Interview: Unpacking skin disorders in diabetes	Dr Hemant Kar Dr Alok Kanungo
16:50 - 17:30	Panel Discussion (Q&A)	Mod: Dr Ashok Kumar Das Dr Manoranjan Behera Dr Kishore Behera Dr Hemant Kar Dr Alok Kanungo
17:30 - 18:00	Valediction and Closing Remarks	