

## NUCD 2025 Scientific Programme

| DAY 1   11 January 2025                                                     |                                                                   |                                                                                                               |
|-----------------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| 10:00 - 10:40                                                               | Opening Remarks and Inauguration                                  |                                                                                                               |
| 10:40 - 11:00                                                               | Padmashree Binod Kanungo Memorial Lecture:<br>"Diabetes in Women" | Dr Abdul Hamid Zargar                                                                                         |
| Session 1: Obesity and Diabetes                                             |                                                                   |                                                                                                               |
| 11:00 - 11:05                                                               | Context Setting by Chairpersons                                   | Dr Jayant Panda<br>Dr Bharat Panigrahi                                                                        |
| 11:05 - 11:20                                                               | Interlinking of obesity and type-2 diabetes                       | Dr Krishna Seshadri                                                                                           |
| 11:20 - 11:35                                                               | Prevention & treatment of diabetes                                | Dr Nitin Kapoor                                                                                               |
| 11:35 - 11:50                                                               | <b>Interview:</b> Rising incidence of obesity in India            | Dr Anoop Misra<br>Dr Ashok Das                                                                                |
| 11:50 - 12:30                                                               | Panel Discussion (Q&A)                                            | <b>Mod:</b> Dr Jayant Panda<br>Dr Ashok Das<br>Dr Krishna Seshadri<br>Dr Neeta Deshpande<br>Dr Sandeep Mathur |
| Session 2: Complications in Diabetes – I                                    |                                                                   |                                                                                                               |
| 12:30 - 12:35                                                               | Context Setting by Chairpersons                                   | Dr Ashok Das<br>Dr Lalit Meher                                                                                |
| 12:35 - 12:50                                                               | Warning signs for cardiac complication for diabetics              | Dr P K Sahoo                                                                                                  |
| 12:50 - 13:05                                                               | CKD in diabetes – an emergency in slow-motion                     | Dr Manisha Sahay                                                                                              |
| 13:05 - 13:20                                                               | <b>Interview:</b> Neuro protection in diabetes                    | Dr Ashok Das<br>Dr Alok Kanungo                                                                               |
| 13:20 - 14:00                                                               | Panel Discussion (Q&A)                                            | <b>Mod:</b> Dr Ashok Das<br>Dr P K Sahoo<br>Dr Manisha Sahay<br>Dr Pratap Pani<br>Dr Ashok Das                |
| Session 3: Modern Therapeutic Approaches (organised by USV Pharmaceuticals) |                                                                   |                                                                                                               |
| 14:00 - 14:05                                                               | Context Setting by Chairpersons                                   | Dr Sambhu Dutta<br>Dr B D Sahoo                                                                               |
| 14:05 - 14:20                                                               | Early insulin intensification with Insulin Aspart                 | Dr Dakshata Padhya                                                                                            |
| 14:20 - 14:35                                                               | Advancing metabolic care with FDC of SGLT2i, DPP4i and Metformin  | Dr Jasjeet Singh Wasir                                                                                        |
| 14:35 - 14:50                                                               | Why glucocentricity still matters in diabetes care?               | Dr S K Sharma                                                                                                 |

|                                                                                         |                                                                                              |                                                                                                                             |
|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| 14:50 - 15:05                                                                           | Pioglitazone – a comprehensive approach to T2DM and metabolic health                         | Dr Ashok Das                                                                                                                |
| 15:05 - 15:45                                                                           | Panel Discussion (Q&A)                                                                       | <b>Mod:</b> Dr Alok Kanungo<br>Dr Shankha Sen<br>Dr Ashok Das<br>Dr Jasjeet Singh Wasir<br>Dr S K Sharma<br>Dr Jayant Panda |
| 15:45 - 16:00                                                                           | Break                                                                                        |                                                                                                                             |
| <b>Session 4: Type 1 and Diabetes in Young</b>                                          |                                                                                              |                                                                                                                             |
| 16:00 - 16:05                                                                           | Context Setting by Chairpersons                                                              | Dr Jayant Panda                                                                                                             |
| 16:05 - 16:20                                                                           | Auto-immune damage and prevention in T1D                                                     | Dr Ramachandra G Naik                                                                                                       |
| 16:20 - 16:35                                                                           | CGMS and artificial pancreas                                                                 | Dr Banshi Saboo                                                                                                             |
| 16:35 - 16:50                                                                           | Diagnostic challenges in diabetes in young                                                   | Dr Alok Kanungo                                                                                                             |
| 16:50 - 17:30                                                                           | Panel Discussion (Q&A)                                                                       | <b>Mod:</b> Dr Jayant Panda<br>Dr Archana Sarda<br>Dr Banshi Saboo<br>Dr Alok Kanungo<br>Dr Ramachandra G Naik              |
| <b>Session 5: Future of Oral Anti-Diabetic Drugs (organised by USV Pharmaceuticals)</b> |                                                                                              |                                                                                                                             |
| 17:30 - 17:35                                                                           | Context Setting by Chairpersons                                                              | Dr Alok Kanungo                                                                                                             |
| 17:35 - 17:50                                                                           | Integrating Dapagliflozin and Metformin for comprehensive diabetes care with obesity         | Dr Shivendra Verma                                                                                                          |
| 17:50 - 18:05                                                                           | Early diagnosis and intervention of heart failure in people with diabetes                    | Dr Vimal Shanmugan                                                                                                          |
| 18:05 - 18:20                                                                           | Real-world evidence of Vildagliptin: the knowns and the unknowns                             | Dr Belinda George                                                                                                           |
| 18:20 - 19:00                                                                           | Panel Discussion (Q&A)                                                                       | <b>Mod:</b> Dr Jayashree Swain<br>Dr Shivendra Verma<br>Dr B R J Kannan<br>Dr Belinda George<br>Dr Vimal Shanmugan          |
| <b>Clinical Pearls in Diabetes, Hypertension, and Cardio-Renal Care</b>                 |                                                                                              |                                                                                                                             |
| 19:00 - 19:15                                                                           | Holistic cardio-renal-metabolic care in T2DM patients optimising approach with SGLT2i+ DPP4i | Dr Debmalya Sanyal                                                                                                          |
| 19:15 - 19:30                                                                           | Hydralazine – Apresol oral tablets and injections                                            | Dr Sumantoke Bagchi                                                                                                         |
| 19:30 - 20:00                                                                           | Panel Discussion (Q&A)                                                                       | <b>Mod:</b> Dr KK Behera<br>Dr Ashok Das<br>Dr Alok Kanungo<br>Dr Debmalya Sanyal<br>Dr Sumantoke Bagchi                    |

## DAY 2 | 12 January 2025

### Session 6: Insulins & GLP1 RAs – Clinical Update (organised by Novo Nordisk India)

|               |                                                                                                             |                                                                    |
|---------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| 10:30 - 10:35 | Context Setting by Chairpersons                                                                             | Dr Ashok Das<br>Dr Alok Kanungo                                    |
| 10:35 - 10:55 | Setting the standard in basal insulin therapy                                                               | Dr Sambit Das                                                      |
| 10:55 - 11:15 | Navigating diabetes: case-based insights on IdegAsp                                                         | Dr Abhay Sahoo                                                     |
| 11:15 - 11:30 | Panel Discussion (Q&A)                                                                                      | <b>Mod:</b> Dr Ashok Das<br>Dr Abhay Sahoo<br>Dr Sambit Das        |
| 11:30 - 11:35 | The crucial role of early-start interventions for diabetes and weight management                            | Dr Alok Kanungo                                                    |
| 11:35 - 11:55 | Exploring GLP1 RAs beyond glycaemic control: cardio-kidney-metabolic benefits                               | Dr JJ Mukherjee                                                    |
| 11:55 - 12:15 | Do GLP1 RAs hold the promise of becoming the next standard of care in diabetes & cardiovascular management? | Dr Ipsita Mishra                                                   |
| 12:15 - 12:30 | Panel Discussion (Q&A)                                                                                      | <b>Mod:</b> Dr Alok Kanungo<br>Dr JJ Mukherjee<br>Dr Ipsita Mishra |

### Session 7: Diabetic Foot and Neuropathy

|               |                                                 |                                                                                                                |
|---------------|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 12:30 - 12:35 | Context Setting by Chairpersons                 | Dr Manoranjan Behera<br>Dr Kailash Mohapatra                                                                   |
| 12:35 - 12:50 | Vascular & neuropathic aspects of diabetic foot | Dr Ghanshyam Goel                                                                                              |
| 12:50 - 13:05 | Diabetic peripheral neuropathy                  | Dr Sanjeev Kumar Bhoi                                                                                          |
| 13:05 - 13:20 | <b>Interview:</b> Infection in diabetic foot    | Dr Ashu Rastogi<br>Dr Sambit Das                                                                               |
| 13:20 - 14:00 | Panel Discussion (Q&A)                          | <b>Mod:</b> Dr Manoranjan Behera<br>Dr Ghanshyam Goel<br>Dr SK Sen<br>Dr Ashu Rastogi<br>Dr Sanjeev Kumar Bhoi |

### Session 8: Basal Insulins – Strong Foundations (organised by Sanofi India)

|               |                                                                                               |                                      |
|---------------|-----------------------------------------------------------------------------------------------|--------------------------------------|
| 14:00 - 14:05 | Context Setting by Chairpersons                                                               | Dr Alok Kanungo<br>Dr Sweekruti Jena |
| 14:05 - 14:20 | Patient centric approach to glycaemic control with basal insulins                             | Dr S S Mangaraj                      |
| 14:20 - 14:35 | Precision insulin management – maximising Gen 2.0 basal insulin across patient populations    | Dr Madhusmita Sahu                   |
| 14:35 - 14:50 | Addressing unmet needs in diabetes treatment paradigm with innovative combination injectables | Dr Arundhati Dasgupta                |
| 14:50 - 15:30 | Panel Discussion (Q&A)                                                                        | <b>Mod:</b> Dr Ashok Das             |

|                                                         |                                                                                                      |                                                                                                                  |
|---------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
|                                                         |                                                                                                      | Dr S S Mangaraj<br>Dr Madhusmita Sahu<br>Dr Sweekruti Jena<br>Dr Debarchan Jena                                  |
| 15:30 - 16:00                                           | Break                                                                                                |                                                                                                                  |
| <b>Session 9: Complications in Diabetes – II</b>        |                                                                                                      |                                                                                                                  |
| 16:00 - 16:05                                           | Context Setting by Chairpersons                                                                      | Dr Surjeet Sahoo<br>Dr Srikant Dhar                                                                              |
| 16:05 - 16:20                                           | <b>Interview:</b> Depression & sleep disorders in diabetes                                           | Dr Shiva Prakash<br>Dr Ashok Das                                                                                 |
| 16:20 - 16:35                                           | Erectile dysfunction in diabetes & its solutions                                                     | Dr Deepak Juman                                                                                                  |
| 16:35 - 16:50                                           | <b>Interview:</b> Managing diabetic retinopathy across all socio-economic segments of the population | Dr BN Das<br>Dr Alok Kanungo                                                                                     |
| 16:50 - 17:30                                           | Panel Discussion (Q&A)                                                                               | <b>Mod:</b> Dr Srikant Dhar<br>Dr Shiva Prakash<br>Dr Deepak Juman<br>Dr Surjeet Sahoo<br>Dr Sanghamitra Kanungo |
| <b>Session 10: Nutrition &amp; Exercise in Diabetes</b> |                                                                                                      |                                                                                                                  |
| 17:30 - 17:35                                           | Context Setting by Chairpersons                                                                      | Dr Bijay Mishra<br>Dr Sisir Kumar Mahapatro                                                                      |
| 17:35 - 17:50                                           | Preventing diabetic complications through diet                                                       | Dr Sheryl Salis                                                                                                  |
| 17:50 - 18:05                                           | Nutritional management of obesity                                                                    | Dr Rucha Mehta                                                                                                   |
| 18:05 - 18:20                                           | <b>Interview:</b> Fitness as a way of life for diabetics                                             | Shri Sanjeeb Panda, IPS<br>Dr Alok Kanungo                                                                       |
| 18:20 - 19:00                                           | Panel Discussion (Q&A)                                                                               | <b>Mod:</b> Dr Ashok Das<br>Dr Rucha Mehta<br>Dr Sheryl Salis<br>Dr Alok Kanungo<br>Dr Dhiraj Panda              |
| 19:00 - 19:30                                           | Valediction and Closing Remarks                                                                      |                                                                                                                  |